

# Reading Guide to Prepare for the Dentist

It's common for children to be afraid of the dentist, especially if it's their first time! However, with a little bit of preparation, you can make going to the dentist a fun and exciting experience for your child.

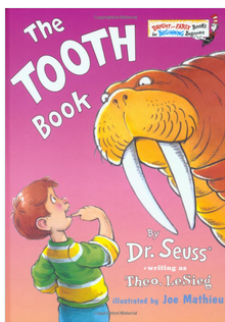
Below, we've compiled some of our favorite books that you can read with your child to help them prepare for their visit!



## ***We're Going to the Dentist* by Marion Cocklico**

"In *We're Going to the Dentist*, Nancy and Teddy go for a dental check-up. This novelty book with a sweet story has fun flaps to lift and mechanisms to move, as well as practical tips for parents and carers on each page, endorsed by leading Early Years Consultant, Dr. Amanda Gummer."

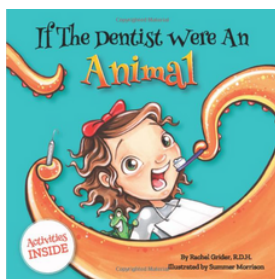
Purchase here: <https://bit.ly/3DwBwlr>



## ***The Tooth Book* by Dr. Seuss, Joe Mathieu**

"Learn about this very important body part that lets us talk, eat, and more in this useful guide from Dr. Seuss, illustrated by Joe Mathieu! From a lion's mouth to a clam's, explore all the things teeth can do, how they grow, and how to keep them in tip top shape! Dr. Seuss's rhymes will delight young readers and help them discover the world around them, starting with their own bodies!"

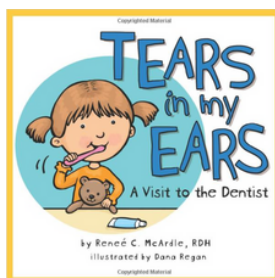
Purchase here: <https://bit.ly/3kZjacu>



## ***If the Dentist Were an Animal* by Rachel Grider RDH, Summer Morrison**

"Red Bow Books is making dentistry fun one playful rhyme at a time! Meet the Dentist in this adorable story that reinforces its teaching points with a variety of fun activities! The Smile Series is turning children into little smile experts all over the world!"

Purchase here: <https://bit.ly/3JyjkC6>



## ***Tears in my Ears* by Renee C McArdle, Jennifer Rees, Dana Regan**

"Today is a big day and young Penny finds herself going to the dentist for the first time. With fear and anxiety, she is not sure what to expect. This story depicts the feelings that Penny attempts to overcome. Starting from the moment her mother tells her about the dentist appointment, the advice given from her brother and friend, and the events leading up to the end of the dental visit."

Purchase here: <https://bit.ly/3Dx82dl>

**Happy reading! We can't wait to see you soon!**